

International Yoga Day 2024

1 message

Dr. R K Agarwal <dg@akgec.ac.in>

Wed, Jun 12, 2024 at 9:41 PM

To: "All Employees (HoDs, Faculty and Staff)" <allemployees@akgec.ac.in>

Dear All,

It is a pleasure to inform you that on the occasion of International Yoga Day 2024, under the guidance of the Honorable Chancellor and Governor, Uttar Pradesh a target has been set to create a Guinness Book of World Record for Online Pledge.

Please ensure participation in this huge campaign by getting yourself, your family members and friends to join this campaign online.

For online pledge taking, click on the following link and select Dr. APJ Abdul Kalam Technical University, Lucknow in the name of the university and take the Pledge.

https://rajbhawanyogapledge.in/

After the pledge, please download the Certificate.

Best Wishes

Dr R K AGARWAL Director GENERAL

AJAY KUMAR GARG ENGINEERING COLLEGE, GHAZIABAD VALUE EDUCATION CELL

Odd Semester Report

The following activities held during the odd semester 2023-24 are put up for the kind perusal of the Director General.

S.No.	Date	Event	Remarks
1	19 - 26 August 2023	8-Day Face-to-Face UHV-IV FDP on 'Vision for Humane Society' conducted by AKTU, organized by AKGEC Resource Persons: 1. Dr. Gopal Babu, Associate Professor (VE Cell) 2. Dr Himanshu Rai Local Program Coordinator: Mr. B N Pandey	21 FMs of various colleges of AKTU and AICTE have attended successfully.
	26 - 28 September 23	VE Cell conducted a three-day preparatory session for FMs to conduct SIP 2023-24. Resource Person Dr. Gopal Babu	Approximately 28 FMs from various department attended the program.
2	5th October 2023	Empowering Mental Wellness Through Essential Life Skills. A program conducted by the Art of Living	Approximately 100 students attended the event.
	9 - 13 October 2023	Student Induction Program for First Year Students	Resource Person: 20 FMs from the college contributed to conduct SIP.
3	28 Oct - 04 Nov 23	A thirty-six-hour student workshop on Conscious Engineering. Resource Persons:	VE Cell, AKGEC conducted 36 hours of student offline workshop on "Conscious Engineering". The workshop was conducted on weekends from morning 9 AM – 6 PM and on Weekdays from 4.30 PM – 6.30 PM. A total of 39 students

			successfully completed the workshop.
4	30 Oct - 03 Nov 2023	A five-day (2 hrs daily) student workshop on "Understanding the Science of Relationships through Self-Exploration" was conducted in three batches simultaneously Resource Persons: 1. Mr. B N Pandey, CSE 2. Mr. R P Singh, EC 3. Dr. Jitendra Chhabra 4. Dr. Parul Verma 5. Dr. Akhilesh Verma	VE Cell conducted evening workshops (4:30 – 6:30 PM) on Relationships for students. 82 students of the college completed the workshop successfully with 100% attendance.
5	1 Dec 23	Leadership Qualities for Societal Transformation from Bhagwat Gita Resource Person: Prabhu Mohan Das, Principal, the Gurukul School	All Deans, HoDs, Professors, selected FMs and 150 students attended the event.
6	13 Dec 23	Drishti – an event by VE Cell	VE Cell conducts an event called Drishti for students. A short video is shown to students to evaluate their perceptions. A discussion based on a holistic perspective is held after the video. Approximately 80 students participated in the event.
7	12 - 16 Dec 23	AICTE-sponsored UHV-II FDP for University Coordinators, Regional Coordinators, Co-coordinators, LPCs and volunteers from Regional Nodal Centers. Resource Persons: 1. Mr. Moti Chand Yadav 2. Dr. Upasana Mishra, CSE Local Program Coordinator: Mr. R P Singh, ECE, AKGEC	A total of 29 participants attended the workshop.
8	21 - 22 Dec 23	Two parallel UHV sessions for DDU-GKY students. Resource Persons: 1. Mr. B N Pandey, CSE 2. Dr. Jitendra Chhabra, ECE	Approximately 50 students attended the session.

9	01-03 Jan 2024	Three days AICTE approved Introductory workshops on UHV for Faculty members. Resource Person. Mr. R P Singh Co-facilitator: Dr. Gopal Babu Local Program Coordinator: Dr. Parul Verma, ASH, AKGEC	A total of 37 participants and 2 outside participants attended the workshop.
	27 – 28 Jan 2024	Level-1 Reiki Method of Natural Healing Resource Person: Ms Mriti Rajput, Reiki Grand Master Coordinator: Mr. Akhilesh Verma	22 participants completed the workshop successfully.
1 0		Shram Daan/Kartavya	Approximately 15 students did physical labour under the activity of Shram Daan/Kartavya.
1	Extension activities	Sum-up Lectures of UHV Subjects.	Dr. Gopal Babu conducted a sum-up lecture in each section after completing units in UHV subjects.
1 2		Weekly Meetings Resource Persons: Dr. Gopal Babu Dr Upasana Mishra, CSE Mr. B N Pandey, CSE Mr. R P Singh, ECE Dr. Parul Verma, ASH	Weekly meetings of 1:30 hrs duration with FMs teaching UHV subjects and interested FMs were conducted during the semester.
1 3		Two 2 hrs follow-up sessions Conscious Engineering. Resource Person:	VE Cell conducted two follow- up sessions for the students who attended CE workshops.

	Dr. Gopal Babu	
1 4	UHV follow-up sessions for Family Members of Faculty Members residing on the campus Resource Person Dr. Gopal Babu	VE Cell conducts 1:30 hrs weekly follow-up sessions for family members residing in the campus.
1 5	UHV workshop for female inmates in Dasna Jail Resource Person: Dr. Parul Verma Dr Upasana Mishra	The workshop was initially commenced with a total of 45 inmates. However, throughout the workshop, 28 of these participants attended most of the sessions successfully. 2 hours per day, spanning 15 days (30th December 2023 to 13th January 2024)

Director General

(Dr. Gopal Babu) Coordinator, VE Cell

AJAY KUMAR GARG ENGINEERING COLLEGE, GHAZIABAD VALUE EDUCATION CELL

Even Semester Report

The following activities held during the even semester 2023-24 are put up for a kind perusal of the Director General.

S.No.	Date	Event	Remarks
1	12 - 16 Feb 24	Five days AICTE approved Introductory workshops on UHV for Faculty members. Resource Person. Dr Parul Verma Co-facilitator: Dr. Gopal Babu Local Program Coordinator: Dr. Jitendra Chabra, ECE, AKGEC	A total of 38 participants and 1 outside participant attended the workshop.
2	6 March 24	, A guest lecture on "Woman- The Foundation of Society" Resource Person- BK Sangeeta Didi	All Deans, HoDs, Professors, selected FMs and 150 students attended the event.
3	14-16 March 24	3-day family workshop on 'Understanding Relationship through Self-Exploration' Resource Person: Dr. Gopal Babu Co-facilitator: Dr.Parul Verma Program Coordinator: Mr.B.N.Pandey	29 family members of 19 families successfully attended the workshop
4	22 April 2024	Guest Lecture by The Green Man of India Sh Vijay Pal Baghel Ji and also inauguration of a Global Event "एक पेड़ धरती के नाम" on International Earth Day, 22nd April 24.	DG, all Deans, all Hod, Section incharges, Faculty Members and students total 250 have attended this event.
5	22 April 2024	Essay writing event on the topic "Climate change and pollution" on International Earth Day, 22nd April 24.	The competition witnessed an impressive turnout, with a total of 96 students from various branches participating enthusiastically. This remarkable level of participation

			underscored the growing concern among the youth regarding environmental sustainability.
6	23 April 2024	'Green Shark Tank ', event	A total of 12 teams participated in the eco-friendly pitching. Each teamcomprised of 3 members. Throughout the event, teams presented well researched projects with care for Mother Nature in their young minds.
7	23 April 2024	Green film festival event	A movie session, a quiz session and discussion session were all part of the event. A discussion based on a holistic perspective is held after the movie. Approximately 50 students participated in the event.
8	25 April 2024	"Planet Puzzle Paradox" event	The event attracted 72 teams, each comprising three members, who enthusiastically participated in a series of challenging and thought-provoking games.
9	25 April 2024	Guest Lecture by The Nest Man of India Sh Rakesh Khatri Ji on the topic "Make a Nest for Sparrow's Rest- A Step towards Conserving the Biodiversity""and conducted a Nest Making Workshop on the occasion of International Earth Day,on 25th April 24.	DG, all Deans, all Hod, Section incharges, Faculty Members and students total 250 have attended this event.
1 0	20-22 May 2024	3-day Teacher Orientation Program on 'Vision for Holistic Value-Based Education" (for Realizing the Aspiration Articulated in NEP-2020). Resource Person: Dr. Gopal Babu Co-facilitator: Dr.Parul Verma Program Coordinator: Mr. B.N.Pandey	A total of 54 participants including Principals, Advisors, Academic Coordinators, PGTs, TGTs and Counsellors, from 12 schools of Rajasthan, Haryana and Uttar Pradesh attended the TOP with great enthusiasm and keenness.
1 1	08- 15 June 2024	A thirty-six-hour student workshop on Conscious Engineering. Resource Persons: • Dr. Gopal Babu, Coordinator, VE Cell • Dr Manishi Mishra, ASH	VE Cell, AKGEC conducted 36 hours of student offline workshop on "Conscious Engineering". The workshop was conducted on weekends from morning 9 AM –

		 Dr Parul Verma, ASH Mr B N Pandey, CSE Mr R P Singh, ECE 	6 PM and on Weekdays from 4.30 PM – 6.30 PM. A total of 41 students successfully completed the workshop.
1 2	22-29 June 2024	8-day Teacher Orientation Program on 'Vision for Holistic Value-Based Education" (for Realizing the Aspiration Articulated in NEP-2020).	39 participants from KGDS Saraswati Vidya Mandir and Amrapali Global School attended the FDP.

Director General

(Dr. Gopal Babu) Coordinator, VE Cell